

**SUN      MON      TUE      WED      THUR      FRI      SAT**

	<p><b>LOCATION KEY</b>          311C - Apartment 311C          BL - Bromwell Lounge          CON - Concierge Lobby          FCC - Fitness Center Classroom          FOX - Foxwood Room          GR - Game Room          GPC - GPC Clinic          GR - Green Room          HH - Holmes Hall          ML - Melcher Lounge          MDR - Merle Mott Dining Room          SP - Swimming Pool</p>		<p><u>All Activities Are Subject To Change</u></p> <p><u>Shuttle To Local Churches</u>          Call 816-318-2258          For Reservations By          12 Noon On Fridays</p>			<p>10:00 Catholic Communion (FOX) <b>1</b>          1:00 Play Pool (GR)          2:00 Dominoes (GR)          3:00 Scrabble (GR)          4:00 Uno (GR)          6:00 Rummikub (GR)</p>
<p>1:00 Rummikub (GR) <b>2</b>          2:00 Uno (GR)          3:00 Dominoes (GR)          4:00 Worship Service (BL)          4:00 Skip-Bo (GR)</p>	<p>7:45 Water Exercise (SP)          8:45 FSTV Show - Channel 1981          9:00 Fit &amp; Fun Exercise (FCC) <b>3</b>          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          11:00 Cass County Library Bookmobile (CANCELLED) (Parking Lot near Apt. Green Space)          1:00 Play Pool (GR)          1:30 Let's Reminisce: What's My Line? (BL)          3:00 Balance Class (BL)          6:00 Pitch (BL)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>4</b>          9:00 Fun! &amp; Games! (BL) (BL)          9:30 Time with Landis Child Care (ML)          10:00 Foxwood Quilters (311C)          1:00 Play Pool (GR)          1:00 Bible Study Fellowship (FCC)          1:30 Stretch Your Brain (FOX)  <b>3:00 FSRA Board Meeting (BL)</b>          3:30 Grief Support Group (FOX)          6:30 Bingo (BL)</p>	<p>7:45 Water Exercise (SP)          8:45 FSTV Show - Channel 1981  <b>9:00 Chair Tap Dance for Seniors (BL)</b>          9:30 Fit &amp; Fun Exercise On Channel 1981  <b>10:00 Ash Wednesday Service for Catholics (BL)</b>          10:00 Yoga (FCC)          10:00 Wednesday Bible Study (FOX)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)  <b>1:00 Ash Wednesday Service (BL)</b>          1:30 Great Courses (FOX)          2:00 Menu Chat (MDR)          2:00 Popcorn Wednesday (CON)          3:00 Bocce Ball (BL)          6:30 Cinema Selections (FOX)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>6</b>          10:00 Bible Study (FOX)          1:00 Play Pool (GR)          2:00 Bible Study with Chaplain Barry (FCC)          2:30 Ping Pong (GR)          3:00 Balance Class (BL)          6:00 Play Bridge (FOX)</p>	<p>7:45 Water Exercise (SP) <b>7</b>          9:00 Fit &amp; Fun Exercise (FCC)  <b>10:00 Review Foxwood's Social Media Content (FOX)</b>          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)  <b>3:00 Mix &amp; Mingle (BL)</b>          6:30 Game Night (BL)</p>	<p>10:00 Catholic Communion (FOX) <b>8</b>          1:00 Play Pool (GR)          1:30 Saturday Cinema (FOX)          2:00 Dominoes (GR)          3:00 Scrabble (GR)          4:00 Uno (GR)          6:00 Rummikub (GR)</p>
<p><b>Daylight Savings Time Begins</b>          1:00 Rummikub (GR) <b>9</b>          2:00 Uno (GR)          3:00 Dominoes (GR)          4:00 Worship Service (BL)          4:00 Skip-Bo (GR)</p>	<p><b>Beginning of Ramadan</b>          7:45 Water Exercise (SP)          8:45 FSTV Show - Channel 1981          9:00 Fit &amp; Fun Exercise (FCC) <b>10</b>          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          11:00 Cass County Library Bookmobile (CANCELLED) (Parking Lot near Apt. Green Space)          1:00 Play Pool (GR)  <b>1:00 Chorus Practice (HH)</b>          3:00 Balance Class (BL)          6:00 Pitch (BL)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>11</b>          9:30 Time with Landis Child Care (ML)  <b>9:30 Parish Council Meeting (BL)</b>          10:00 Foxwood Quilters (311C)          1:00 Play Pool (GR)          1:00 Bible Study Fellowship (FCC)          1:00 Crafter's Corner (BL)          1:30 Stretch Your Brain (FOX)          3:30 Caregiver's Support Group (FOX)          6:30 Bingo (BL)</p>	<p>7:45 Water Exercise (SP) <b>12</b>          8:45 FSTV Show - Channel 1981  <b>9:00 Chair Tap Dance for Seniors (BL)</b>          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:00 Wednesday Bible Study (FOX)          10:30 Water Aerobics (SP)  <b>12:30 Lucky 13 Pet Visit (GR)</b>          1:00 Play Pool (GR)          1:30 Great Courses (FOX)          2:00 Menu Chat (MDR)          2:00 Popcorn Wednesday (CON)          3:00 Bocce Ball (BL)          6:30 Cinema Selections (FOX)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>13</b>          10:00 Bible Study (FOX)          1:00 Play Pool (GR)          2:00 Bible Study with Chaplain Barry (FCC)          2:30 Ping Pong (GR)          3:00 Balance Class (BL)          6:00 Play Bridge (FOX)</p>	<p>7:45 Water Exercise (SP) <b>14</b>          9:00 Fit &amp; Fun Exercise (FCC)          9:00 Ear Clinic by Geriatric Primary Care (GPC)          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)  <b>3:00 Mix &amp; Mingle/Meet Your New Neighbor/St. Patrick's Day (BL)</b>          6:30 Friday At The Movies (FOX)          6:30 Movie on FSTV - Channel 1981 - MacArthur</p>	<p>10:00 Catholic Communion (FOX) <b>15</b>          1:00 Play Pool (GR)          1:30 Saturday Cinema (FOX)          2:00 Dominoes (GR)          3:00 Scrabble (GR)          4:00 Uno (GR)          6:00 Rummikub (GR)</p>
<p>1:00 Rummikub (GR) <b>16</b>          2:00 Uno (GR)          3:00 Dominoes (GR)          4:00 Worship Service (BL)          4:00 Skip-Bo (GR)</p>	<p><b>St. Patrick's Day</b>          7:45 Water Exercise (SP)          8:45 FSTV Show - Channel 1981          9:00 Fit &amp; Fun Exercise (FCC) <b>17</b>          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          11:00 Cass County Library Bookmobile (CANCELLED) (Parking Lot near Apt. Green Space)          1:00 Play Pool (GR)  <b>1:00 Chorus Practice (HH)</b>  <b>2:00 Crafter's Corner: St. Patrick's Day Gnome (FOX)</b>          3:00 Balance Class (BL)          6:00 Pitch (BL)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>18</b>          9:30 Time with Landis Child Care (ML)          10:00 Foxwood Quilters (311C)          1:00 Play Pool (GR)          1:00 Bible Study Fellowship (FCC)          1:30 Stretch Your Brain (FOX)  <b>2:00 Fred Hartman Travels - Las Vegas (BL)</b>          3:30 Grief Support Group (FOX)          6:30 Bingo (BL)</p>	<p>7:45 Water Exercise (SP) <b>19</b>          8:45 FSTV Show - Channel 1981  <b>9:00 Chair Tap Dance for Seniors (BL)</b>          9:30 Fit &amp; Fun Exercise On Channel 1981  <b>10:00 Catholic Mass (BL)</b>          10:00 Yoga (FCC)          10:00 Wednesday Bible Study (FOX)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)          1:30 Great Courses (FOX)          2:00 Menu Chat (MDR)          2:00 Popcorn Wednesday (CON)          3:00 Bocce Ball (BL)          6:30 Cinema Selections (FOX)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>20</b>          10:00 Bible Study (FOX)          1:00 Play Pool (GR)          2:00 Bible Study with Chaplain Barry (FCC)          2:30 Ping Pong (GR)          3:00 Balance Class (BL)  <b>5:30 Theme Dinner: Let's Go Greek (HH)</b>          6:00 Play Bridge (FOX)</p>	<p>7:45 Water Exercise (SP) <b>21</b>          9:00 Fit &amp; Fun Exercise (FCC)          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)  <b>3:00 Mix &amp; Mingle (BL)</b>          6:30 Friday At The Movies (FOX)          6:30 Movie on FSTV - Channel 1981, The Sound Of Music</p>	<p>10:00 Catholic Communion (FOX) <b>22</b>          1:00 Play Pool (GR)          1:30 Saturday Cinema (FOX)          2:00 Dominoes (GR)          3:00 Scrabble (GR)          4:00 Uno (GR)          6:00 Rummikub (GR)</p>
<p>1:00 Rummikub (GR) <b>23</b>          2:00 Uno (GR)          3:00 Dominoes (GR)          4:00 Worship Service (BL)          4:00 Skip-Bo (GR)</p>	<p>7:45 Water Exercise (SP) <b>24</b>          8:45 FSTV Show - Channel 1981          9:00 Fit &amp; Fun Exercise (FCC)          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          10:45 Green Team (FOX) (FOX)          11:00 Cass County Library Bookmobile (CANCELLED) (Parking Lot near Apt. Green Space)  <b>12:00 New Resident Luncheon (BL)</b>          1:00 Play Pool (GR)  <b>1:00 Chorus Practice (HH)</b>  <b>1:00 Foxwood Brass Concert (ML)</b>          3:00 Balance Class (BL)          6:00 Pitch (BL)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>25</b>          9:30 Time with Landis Child Care (ML)          10:00 Foxwood Quilters (311C)          1:00 Play Pool (GR)          1:00 Bible Study Fellowship (FCC)          1:30 Stretch Your Brain (FOX)  <b>3:00 Crafter's Corner: Tea Cup Craft (FOX)</b>          3:30 Caregiver's Support Group (FOX)          6:30 Bingo - Celebrate March Birthdays (BL)</p>	<p>7:45 Water Exercise (SP) <b>26</b>          8:45 FSTV Show - Channel 1981  <b>9:00 Chair Tap Dance for Seniors (BL)</b>          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:00 Wednesday Bible Study (FOX)          10:30 Water Aerobics (SP)          12:30 Lucky 13 Pet Visit (GR)          1:00 Play Pool (GR)          1:30 Great Courses (FOX)          2:00 Bocce Ball Challenge Match (BL)          2:00 Menu Chat (MDR)          2:00 Popcorn Wednesday (CON)          3:00 Bocce Ball (BL)          6:30 Cinema Selections (FOX)</p>	<p>9:00 Fit &amp; Fun Exercise (FCC) <b>27</b>          10:00 Bible Study (FOX)          1:00 Play Pool (GR)          1:00 Blind/Visually Impaired Support Group (FOX)          2:00 Bible Study with Chaplain Barry (FCC)  <b>2:00 Foxwood Brass Concert (BL)</b>          2:30 Ping Pong (GR)          3:00 Balance Class (BL)          6:00 Play Bridge (FOX)</p>	<p>7:45 Water Exercise (SP) <b>28</b>          9:00 Fit &amp; Fun Exercise (FCC)          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          1:00 Play Pool (GR)  <b>3:00 Mix &amp; Mingle with Denny, John &amp; Friend (BL)</b>          6:30 Friday At The Movies (FOX)</p>	<p>10:00 Catholic Communion (FOX) <b>29</b>          1:00 Play Pool (GR)          1:30 Saturday Cinema (FOX)          2:00 Dominoes (GR)          3:00 Scrabble (GR)          4:00 Uno (GR)          6:00 Rummikub (GR)</p>
<p>1:00 Rummikub (GR) <b>30</b>          2:00 Uno (GR)          3:00 Dominoes (GR)          4:00 Worship Service (BL)          4:00 Skip-Bo (GR)</p>	<p><b>Eid al-Fitr</b>          7:45 Water Exercise (SP) <b>31</b>          8:45 FSTV Show - Channel 1981          9:00 Fit &amp; Fun Exercise (FCC)          9:30 Fit &amp; Fun Exercise On Channel 1981          10:00 Yoga (FCC)          10:30 Water Aerobics (SP)          11:00 Cass County Library Bookmobile (CANCELLED) (Parking Lot near Apt. Green Space)          1:00 Play Pool (GR)  <b>1:00 Chorus Practice (HH)</b>  <b>1:30 Uniguest (Touch Town) App Training (BL)</b>          3:00 Balance Class (BL)          6:00 Pitch (BL)</p>			<p><u>Available Daily</u>          Computer In Library          Fitness Center          GardenPlots/Greenhouse          Library          Puzzle Tables-Apt. Lobbies          Stained Glass/Art Studio          Woodshop          Volunteering</p>		

# March 2025

Independent Living Program Calendar

